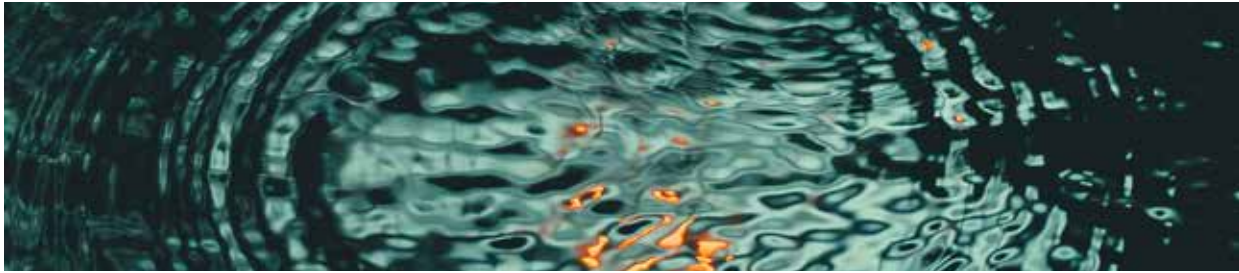




Countertransference: Contemporary relational views of the Therapists use of 'Self': A Myriad of Mirrors

In times of professionalism and evidence-based practice it seems as if the countertransference revolution is over and the related idea of the wounded healer has died, or at least gone underground for now. But what is the relevance of the therapist's responses to the therapeutic encounter these days, particularly our strong feelings of hate and love or even boredom in the consulting room? What is the contemporary relational view of the therapist's authenticity and perhaps also of therapist disclosure or mutual conversations with the client about our encounter and how we work with difference?

In this conference Relational analysts, Psychotherapists and Jungian analysts as well as art music and dramatherapists, who are leaders in their fields, will give talks and workshops around the topic and encourage participation and lively debate.



Conference Programme

Saturday 29th September 2018

9.30:	Coffee and Registration
10.00–11.30:	We are all relational now? A critical discussion of contemporary views of the Countertransference and the therapist's use of self. Prof Del Lowenthal Dr Anastasios Gaitanidis and Dr Paola Valerio
11.30–12.00:	Coffee
12.00–1.00:	Seminars and Workshops
1.00–2.00:	Lunch and book launch (including wine and food – with readings and music)
2.00–3.00:	Countertransference and Contemporary Concepts of the Wounded Healer. A Dramatherapist's perspective. Prof Anna Seymour
3.00–3.30:	Coffee Break
3.30–4.30:	Seminars and Workshops:
4.30–5.15:	Panel and Audience Discussion – Chaired by Dr Paola Valerio

Workshops/Seminars can be pre booked but will include for example – using countertransference in the trainer/trainee relationship; Countertransference and Love is Oedipus still blind?; Music as Mirror; Countertransference and Projective Processes in the Group and Organisational Dynamics; Countertransference and working with difference; Procrastination and the Therapists use of self; Embodying countertransference in dance: moving the practitioners process; Countertransference and Queer theory.

Facilitated by Psychotherapists, Jungian analysts, group analysts, art, music and dramatherapists



Del Loewenthal is Director of the Research Centre for Therapeutic Education and Professor of Psychotherapy and Counselling in the Department of Psychology at the University of Roehampton. He is an existential-analytic psychotherapist, chartered counselling psychologist and photographer. His books include: *Relational Psychotherapy, Psychoanalysis and Counselling: Appraisals and Reappraisals* (with Andrew Samuels; Routledge, 2014); *Critical Psychotherapy, Psychoanalysis and Counselling: Implications for practice* (Palgrave Macmillan; 2015); *Phototherapy and Therapeutic Photography in a Digital Age* (Routledge, 2013), *Existential Psychotherapy and Counselling after Postmodernism* (Routledge, 2017), *Why not CBT* (with Gillian Proctor; PCCS, 2018) and *Developments in Qualitative Psychotherapeutic Research* (with Evrinomy Avdi; Routledge, 2019).



Anna Seymour PhD PFHEA HCPC registered Dramatherapist is Professor of Dramatherapy at the University of Roehampton, London and Visiting Professor at the University of Osijek, Croatia. She is an international trainer and consultant to several Dramatherapy programmes across the world. With a background in professional theatre for communities she specialises in teaching therapeutic theatre and researches the relationship between politics, theatrical aesthetics and Dramatherapy. She is series editor *Dramatherapy: approaches relationships, critical ideas* (Routledge/Taylor and Francis)



Dr Paola Valerio is a Jungian Analyst in private practice in London. She has twenty years clinical experience in the NHS supervising Psychotherapists and Psychologists and in leadership roles. She is a part time Senior Lecturer at Roehampton University, where she convenes the Psychoanalytic /Jungian analytic module on the Psych. D. and is a member of The Centre for Research in Social and Psychological Transformation (CREST) and the Research Centre for Therapeutic Education (RCTE). She has been a visiting Lecturer and Supervisor in Psychotherapy at Regents College, Surrey and Kent Universities and at the Tavistock/East London University, Metanoia and numerous professional trainings. She has published several journal papers and chapters in analytic books and taught and presented widely in the NHS and at conferences and is the editor of *Countertransference in Therapeutic Practice a Myriad of Mirrors* Routledge (2018)



Dr Anastasios Gaitanidis is a Senior Lecturer and a member of the Research Centre for Therapeutic Education (RCTE) at the University of Roehampton. He is also a Writer and Relational Psychoanalytic Psychotherapist in private practice. He has published several articles on psychoanalysis and psychotherapy in peer-reviewed journals and he is the Editor of two books: *Narcissism – A Critical Reader* (2007) and *The Male in Analysis - Psychoanalytic and Cultural Perspectives* (2011). He enjoys singing Opera in his spare time and is also in the process of finishing his first novel.