

Post Qualification Certificate & Diploma in Psychoanalytic & Jungian Studies

(For UKCP Registered (or equivalent) Humanistic and Integrative Psychotherapists)



Starting April 2016



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Metanoia Institute is a Registered Charity 1050175

Introduction

Metanoia Institute is offering this brand new training programme for experienced and qualified UKCP registered psychotherapists, (or equivalent) who wish to enhance their original qualification by undertaking an 8-day post qualification Certificate in Psychoanalytic and Jungian Analytic studies. Holders of this Certificate can then, if they wish, go on to obtain a Diploma in Psychoanalytic and Jungian Analytic Studies, which involves a further 8-days of study and the completion of a 3000 word written assignment.

The principal aim of both programmes is to provide a thorough studies training, which builds on the candidates' previous training and helps them integrate Psychoanalytic and Jungian thinking and methodology into their current clinical work. This course will also, however, provide much of the academic learning and Supervision that is required for those candidates who want to apply for an additional registration with the UKCP or another registering body as a Psychoanalytic and/or Jungian psychotherapist.

Academic Seminar Programme

The Post Qualification Certificate is made up of 8 training days, spaced over a year in monthly units. Each unit consists of a mixture of clinical and group seminars, based on contemporary Psychoanalytic and Jungian analytic thought. There will also be an experiential group and group supervision group as a part of the day. This is a pre-requisite for the Diploma course.

The Post qualification Diploma is made up of a further 8 training days, again spaced over an entire year and arranged in a similar format to above. There is an additional requirement at the end of the Diploma year of one 3000 word essay in which you write about how you have integrated your learning into practice.

The Certificate Year is entitled "Making the Transition" and provides an opportunity for candidates to discuss, explore and critique some of the major theoretical differences between a humanistic or integrative frame and an analytic one. Key Psychoanalytic and Jungian concepts will be discussed and explored in relation to how they might inform the practitioner's clinical practice. We will review approaches to assessment for analytic psychotherapy and also brief dynamic treatment options. This initial year seeks to convey theory, research and practice issues addressed by psychodynamic work, with an emphasis on understanding the shift in Psychoanalytic thinking from classical models towards more contemporary relational models of theory and practice.

Academic Seminar Programme cont.

The Diploma year is entitled "Clinical Perspectives and Application" and continues our focuses on an in-depth exploration of working within an analytic relational frame, in a variety of different contexts and intensities, with depressed narcissistic, borderline and abused or traumatized clients. We will focus on integrating theory and practice; on working with the relationship, significantly using Jungian concepts of the wounded healer and countertransference with clients who may evoke hateful and erotic or perverse reactions in us for example. Techniques will be explored and we will have opportunities to bring our work to sessions including a session on dream interpretation. We will maintain a focus on efficacy and outcome and contemporary debates in psychoanalysis and analytic psychology

Course Requirements & Assessments

Clinical Work – It is preferable for candidates to be seeing at least two training patients on a twice-weekly basis.

Personal Analysis (highly recommended) – whilst not a requirement of the course, candidates will get more from the course if they are undertaking their own twice weekly analysis with a UKCP or equivalent Psychoanalytic or Jungian analyst.

Psychoanalytic/Jungian Supervision (highly recommended) – whilst not a requirement of the course, candidates will get more from the course if they are undertraining weekly group or individual supervision with a Psychoanalytic or Jungian analyst.

Assessments – At the end of the Diploma Year you will be required to write:

A professional development statement of 3,000 words to include a statement about the evolution of practice and the theoretical models informing it, demonstrating Psychoanalytic concepts in the work.



Entry Requirements

To be eligible to apply for the training you will have:

- Completed not less than 900 hours of appropriate advanced psychotherapy training over a period of not less than 4 years.
- Completed all the learning outcomes for the Mental Health Familiarisation Placements as published by the HIPS Section of the UKCP.
- Completed not less than 450 hours of supervised clinical practice.
- Practiced psychotherapy for a minimum of 3 years post graduation under supervision, at a ratio of at least 1 hour per 6 hours of client contact on no fewer than 450 client contact hours.
- Established clinical practice which includes some twice weekly work.
- Experienced at least 240 hours of psychotherapy with a UKCP or equivalent psychotherapist.
- Successfully registered with and remained registered as a psychotherapist with the UKCP or an equivalent registering body.

Application Procedures

To complete application form this can be requested from Thilisa Hamilton (thilisa.hamilton@metanoia.ac.uk)

Send applications to Thilisa Hamilton at the Gunnersbury Avenue Campus address on the 1st page of this leaflet.

Course Dates & Venue:

Year 1 -

2016: 30th April, 28th May, 17th September, 22nd October, 19th November, 17th December

2017: 28th January, 25th February

Year 2 - TBC

The course will take place at one of our Campuses in Ealing, West London the campus will be confirmed to you ahead of the course.

Course Times:

Saturdays - 9.30am - 5.30pm

Course fees:

Metanoia Members:

Standard fee: £1120

Early Bird Discount fee: £960

Non-Metanoia Members:

Standard fee: £1360

Early Bird Discount fee: £1200

Written work fee: £80

Early bird discount ends on Friday 4th March 2016

Course Staff

Programme leader and Tutor

Dr Paola Valerio BPC. UKCP reg. has twenty years' experience working in the NHS running services and supervising Psychotherapists and Psychologists and working as a Consultant Psychotherapist. She facilitates reflective practice groups for clinical and management teams in NHS, charity and business settings and has a private practice in London. She has represented a large mental health trust in serious case reviews and domestic homicide panels as the Trust Lead for Domestic Abuse. She was a core member of the South London branch of the Womens Therapy Centre. Currently she is a part time Senior Lecturer at Roehampton University, where she teaches and supervises Psychodynamic theory and practice on the Psych D. She has been a visiting Lecturer and Supervisor in Psychotherapy at Regents' College, Surrey and Kent Universities and at the Tavistock and East London University. She has published several papers and chapters in analytic books and taught and presented widely in the NHS and at conferences.



Senior Academic Coordinator

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